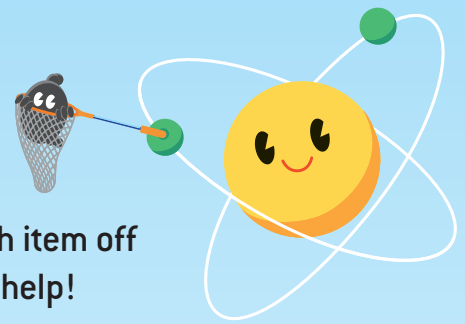


Hey Kids! Let's STOP the Energy Phantom!



Can you do all of these energy saving tips in your home? Check each item off and help LumiSM keep the Energy Phantom away! Ask a grown up for help!



Lights Off

Make sure to switch lights off when you leave a room!



Doors Closed

When you go outside to play, be sure to close the door behind you to keep cool or warm air inside.



Turn Off the TV

Press the off button once you are done watching your favorite TV show.



Use the Sun

During daylight hours keep the lights off and open your blinds to let the sunshine in.



Unplug Your Electronics

Electronics use energy when plugged in. If you are done using your tablet or phone unplug it from the wall.



Keep the Fridge Closed

Know what you want to eat so you only open the door once.



Talk about Temperature

Talk to your parents about a smart thermostat for heating and cooling your home. But remember, only parents can make adjustments!



Shower Instead of Taking a Bath

A short shower uses less energy than a bath. If you like music, play three songs while you get clean and then it's time to get out!



Check your Ceiling Fan

Ceiling fan blades turn left in the summer and right in the winter. Check the direction and don't forget to turn it off when you leave the room!



Look at Your Light Bulbs

Make sure you are using energy efficient light bulbs at home. If you aren't, ask your parents to help change them.



Listen to the Windows

A whistling sound or air blowing through a closed window means energy loss. Ask your parents to caulk or weatherstrip to stop the draft.



Cold Water Laundry

Cold water gets your clothes clean too. Help your parents with laundry and ask them about using cold water to save energy.

Way to go super energy saver! With your parents' permission, scan and send your completed checklist to EnergySaver@BGE.com and you could be featured on BGE's Facebook page!

Your First Name: _____ The City You Live in: _____

EmPOWER Maryland programs are funded by a charge on your energy bill. EmPOWER programs can help you reduce your energy consumption and save you money. To learn more about EmPOWER and how you can participate, go to BGESmartEnergy.com.



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